HONE Athletics

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LEADERSHIP VIRTUE: COLLABORATION

What is Collaboration? It's the strength of working together toward one goal and trusting the process. Collaborative leaders cut through silos, welcome different ideas, and create better results alongside others.

WHY COLLABORATION MATTERS

Unlocks Team Potential: Big wins take everyone. Collaboration makes sure every voice has a place on the team.

Drives Innovation: When teams think, share and create together, they find actionable solutions faster.

Build Belonging: True collaboration isn't just about the work. It builds connection, ownership and trust across the team.

DRILL IDEA: "SOLVE IT"

Set a challenge unrelated to sport (e.g., team puzzle, escape room, etc.).

Watch how they lead, support, and adapt.

Then break it down as a team afterward.

ACTIONABLE WAYS TO ENHANCE YOUR COLLABORATION

SHARE THE "WHY" BEHIND DECISIONS

- Involve athletes into the process early. When they understand the purpose behind decisions and expectations, they're more likely to commit, stay engaged and bring positive energy to the plan.

ENCOURAGE CROSSTALK

- Keep communication open and consistent between athletes, coaches and support staff. When everyone stays connected and informed, small issues surface early, collaboration strengthens and a sense of belonging increases across the team environment.

CELEBRATE THE "WE"

- Recognize team achievements not just individual highlights. Celebrate shared effort and reinforce pride in "we", not "me". Phrases like "We made it happen" remind everyone that success is a team story.

COLLABORATION FUELS BELONGING, AND BELONGING FUELS GREATNESS.